



after working for 40 years as a therapist and minister, I am learning that horses are just living, feeling beings. They have fear and peace; they have joy and sorrow; they are careful about whom they trust; and they are passionately loyal and loving with those they do trust. In the end, horses seem remarkably similar to anyone I've ever worked with.

Have you seen any real transformations?

Wendorf: We have the privilege of seeing transformations every day, and they are transformations that hold. One company discovered an obvious dynamic that had been holding back the entire company. Another CEO discovered, through the horses, how to lead with inspiration instead of domination. A vice president of a large corporation unexpectedly discovered a place of deep sadness where a lost loved one had never been fully grieved. By completing her grieving, she was set free from an invisible drain on her vitality and creativity.

Muller: When we are honest with ourselves—our hopes, fears, strengths, and challenges—others will trust us and follow us. When a horse jerks its head up and looks directly at you, the horse feels that honest and authentic presence. This one true thing, this power of who you really are, cannot help but transform the way you live, work, lead, trust, and creatively collaborate with others.

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